

Lunch Webinar Series on

Population Health Survey 2020-22: Findings and Recommendations

The Department of Health conducted territory-wide Population Health Survey (PHS 2020-22) between November 2020 and February 2022 to collect information on health status and health-related behaviours of the general population of Hong Kong. Relevant reports of PHS have been released in phases from 2022 to 2024. This webinar series aim to share the key findings of PHS 2020-22 on iron status, iodine status and dietary habit as well as relevant joint recommendations made by the Working Group on Prevention of Iron Deficiency and the Working Group on Prevention of Iodine Deficiency Disorders.

Session 1 September 25, 2024 (Wed) 🕒 1-2pm online via zoom

📖 Iron Status in Local Population and Recommendations

REGISTRATION LINK: https://us06web.zoom.us/webinar/register/WN_IRite5jTRdydvIDPOm-Glg OR



Speakers:

Local Iron Status by Prof. Paul Kwok-ming POON

Associate Professor of Practice in Public Health, Jockey Club School of Public Health and Primary Care, Faculty of Medicine, The Chinese University of Hong Kong

Joint Recommendations on Iron Intake for Public Particularly for Women of Reproductive Age by

Dr. LAM Mo Kan, Fherina

Senior Medical & Health Officer, Non-Communicable Disease Branch, Centre for Health Protection, Department of Health

How to Get Adequate Iron by Ms. TJONG Yung Man, Amanda

Dietitian, Family Health Service, Department of Health

Clinical Practice Guidelines for Iron Deficiency and Iron Deficiency Anaemia by

Dr. WONG Siu Ming Raymond

Honorary Clinical Associate Professor and Head, Division of Haematology, Department of Medicine and Therapeutics, Faculty of Medicine, The Chinese University of Hong Kong

Moderator:

Dr. HO Ka Wai, Rita

Head, Non-Communicable Disease Branch, Centre for Health Protection, Department of Health

Co-organisers: Working Group on Prevention of Iron Deficiency



香港紅十字會輸血服務中心
Hong Kong Red Cross Blood Transfusion Service



香港家庭醫學學院



香港病理學家學院



Target Participants: Health care professionals


CME/CNE/CDE points will be awarded to the relevant participants (*pending*)

All sessions will be conducted in English or Cantonese

☎ 2961 8421

✉ pse_dp2@dh.gov.hk

Lunch Webinar Series on Population Health Survey 2020-22: Findings and Recommendations

Session 2 October 10, 2024 (Thu)  1-2pm online via zoom

 **Iodine Status in Local Population and Recommendations**

REGISTRATION LINK: https://us06web.zoom.us/webinar/register/WN_qpp_9luVT2yjhpp7x8fkqQ OR



Speakers:

Local Iodine Status by Prof. Paul Kwok-ming POON

Associate Professor of Practice in Public Health, Jockey Club School of Public Health and Primary Care, Faculty of Medicine, The Chinese University of Hong Kong

Joint Recommendations on Iodine Intake for Members of the Public by Dr. LAM Mo Kan, Fherina

Senior Medical & Health Officer, Non-Communicable Disease Branch, Centre for Health Protection, Department of Health

How to Get Adequate Iodine by Ms. TJONG Yung Man, Amanda

Dietitian, Family Health Service, Department of Health

Moderator:

Dr. HO Ka Wai, Rita

Head, Non-Communicable Disease Branch, Centre for Health Protection, Department of Health

Co-organisers: Working Group on Prevention of Iodine Deficiency Disorders



Target Participants: Health care professionals

CME/CNE/CDE points will be awarded to the relevant participants (*pending*)

All sessions will be conducted in English or Cantonese


☎ 2961 8421

✉ pse_dp2@dh.gov.hk

Lunch Webinar Series on

Population Health Survey 2020-22: Findings and Recommendations

Session 3 October 30, 2024 (Wed) 🕒 1-2pm online via zoom

 **Diet and Cardiovascular Risk in Local Population and Tips on Healthy Diet**



REGISTRATION LINK: https://us06web.zoom.us/webinar/register/WN_7YU6giEESxS_mcyhQnY06Q OR

Speakers:

Health-related Behaviours, Diet and Cardiovascular Risks by Prof. Paul Kwok-ming POON

Associate Professor of Practice in Public Health, Jockey Club School of Public Health and Primary Care, Faculty of Medicine, The Chinese University of Hong Kong

NCD Burden on Mortality in Hong Kong by Dr. LAM Mo Kan, Fherina

Senior Medical & Health Officer, Non-Communicable Disease Branch, Centre for Health Protection, Department of Health

Practical Tips on Healthy Diet for Cardiovascular Diseases Prevention by Ms. IP Hiu Man, Caralina

Senior Dietitian, Health Promotion Branch, Centre for Health Protection, Department of Health

Moderator:

Dr. HO Ka Wai, Rita

Head, Non-Communicable Disease Branch, Centre for Health Protection, Department of Health

Co-organiser:



Target Participants: Health care professionals

CME/CNE/CDE points will be awarded to the relevant participants (*pending*)

All sessions will be conducted in English or Cantonese

☎ 2961 8421

✉ pse_dp2@dh.gov.hk