

FLU EXPRESS

Flu Express is a weekly report produced by the Respiratory Disease Office of the Centre for Health Protection. It monitors and summarizes the latest local and global influenza activities.

Local Situation of Influenza Activity (as of Mar 12, 2014)

Reporting period: Mar 2 – 8, 2014 (Week 10)

- The latest surveillance data showed that the local influenza activity still remained at a high level but has decreased compared with the past few weeks.
- The Centre for Health Protection has collaborated with the Hospital Authority and private hospitals to monitor influenza associated intensive care unit (ICU) admissions or deaths (aged 18 years or above) since Jan 3, 2014. As of Mar 12, there were 212 cases of influenza associated ICU admission or death, in which 95 of them were fatal.
- Influenza can cause serious illnesses in high-risk individuals and even healthy persons. Except for those with contraindications, influenza vaccination is suitable for all members of the public.
- Children (aged between six months and less than 6 years, or attending a kindergarten or child care centre in Hong Kong) and elderly (aged 65 years or above), who are eligible, can be subsidised for seasonal influenza vaccination from enrolled private doctors participating in the Government's vaccination subsidy schemes starting from Oct 2, 2013.

Influenza-like-illness surveillance among sentinel general outpatient clinics, 2012-14

In week 10, the average consultation rate for influenza-like illness (ILI) among sentinel general outpatient clinics (GOPCs) was 6.6 ILI cases per 1,000 consultations (Figure 1).

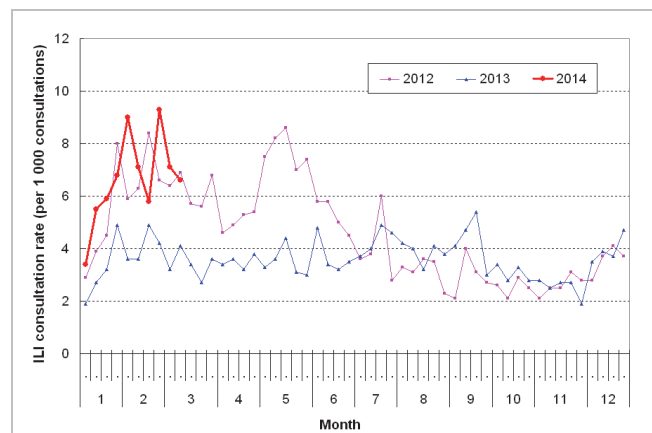


Figure 1 ILI consultation rate at sentinel GOPC, 2012-14

Influenza-like illness surveillance among sentinel private doctors, 2012-14

In week 10, the average consultation rate for ILI among sentinel private doctors was 37.5 ILI cases per 1,000 consultations (Figure 2).

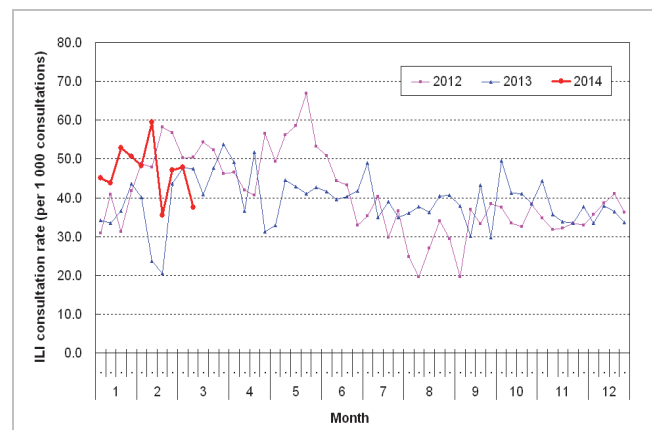


Figure 2 ILI consultation rate at sentinel GP, 2012-14

Influenza virus detections (Laboratory surveillance), 2013-14*

For the respiratory specimens received in week 10, 647 (25.7%) were tested positive for seasonal influenza viruses, including 224 influenza A(H1N1)pdm09 viruses, 128 influenza A(H3) viruses, 290 influenza B viruses and 5 influenza C viruses (Figure 3).

* Since Feb 10, 2014 (week 7), Public Health Laboratory Services Branch has adopted new genetic tests as the primary tests for various respiratory viruses, which are expected to be more sensitive than the methods used previously. This transition in laboratory techniques may bring about increases in detection of and percentage positive for influenza viruses.

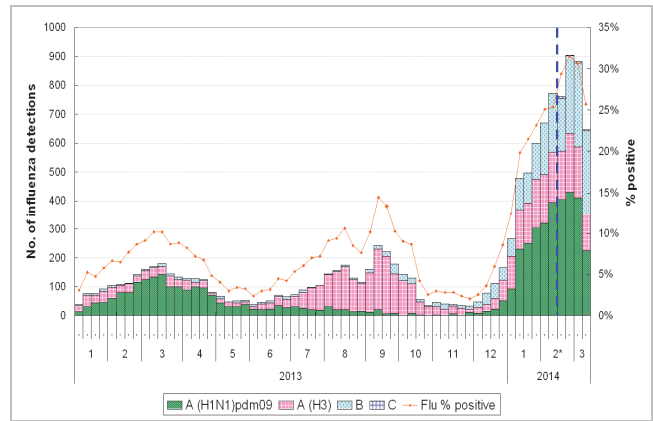


Figure 3 Influenza virus detections, 2013-14

Percentage positive for influenza viruses, 2013-14*

Among the respiratory specimens received in week 10, 8.9% was influenza A(H1N1)pdm09, 5.1% influenza A(H3), 11.5% influenza B and 0.2% influenza C (Figure 4).

* Since Feb 10, 2014 (week 7), Public Health Laboratory Services Branch has adopted new genetic tests as the primary tests for various respiratory viruses, which are expected to be more sensitive than the methods used previously. This transition in laboratory techniques may bring about increases in detection of and percentage positive for influenza viruses.

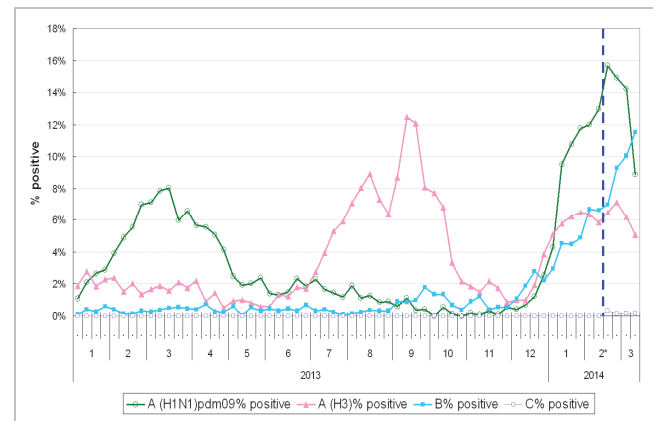


Figure 4 Percentage positive for influenza viruses, 2013-14

Influenza-like illness outbreak monitoring, 2013-14

In week 10, 26 ILI outbreaks occurring in schools/ institutions were recorded. In the first 4 days of week 11 (Mar 9 to 12, 2014), 10 ILI outbreaks occurring in schools/ institutions were recorded (Figure 5).

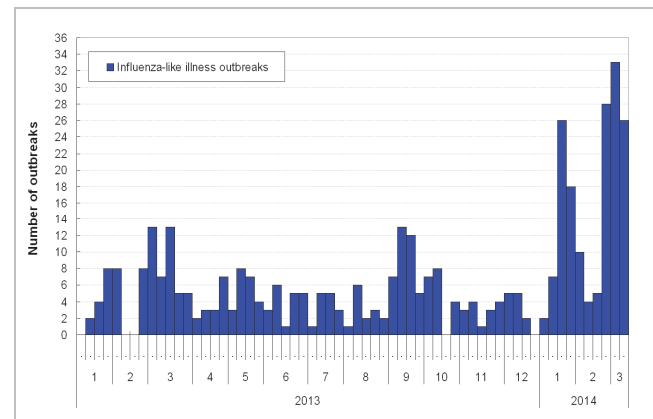


Figure 5 ILI outbreaks, 2013-14

Rate of influenza-like illness syndrome group in accident and emergency departments, 2012-14#

In week 10, the rate of the influenza-like illness syndrome group in the accident and emergency departments (AED) was 196.8 (per 1,000 coded cases) (Figure 6).

#Note: The influenza-like illness syndrome group includes codes such as influenza, upper respiratory tract infection, fever, cough, throat pain, and pneumonia.

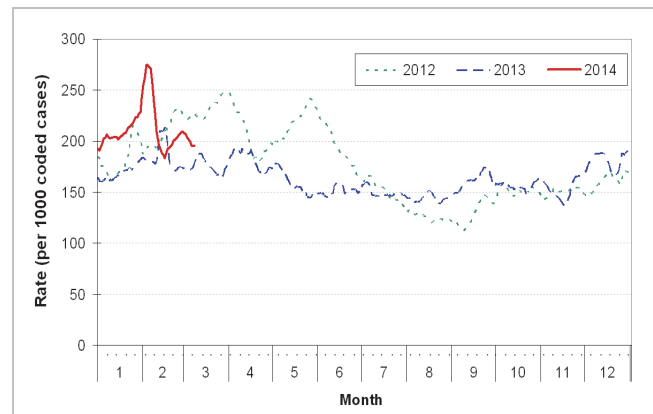


Figure 6 Rate of ILI syndrome group in AED, 2012-14

Influenza associated hospital admission rates and deaths based on discharge coding, 2012-14

In week 10, hospital admission rates with principal diagnosis of influenza for persons aged 0-4 years, 5-64 years and 65 years or above were 2.04, 0.19 and 0.69 cases respectively (per 10,000 people in the age group) (Figure 7). Weekly number of deaths with any diagnosis of influenza in public hospitals is also shown in the figure on the right hand side.

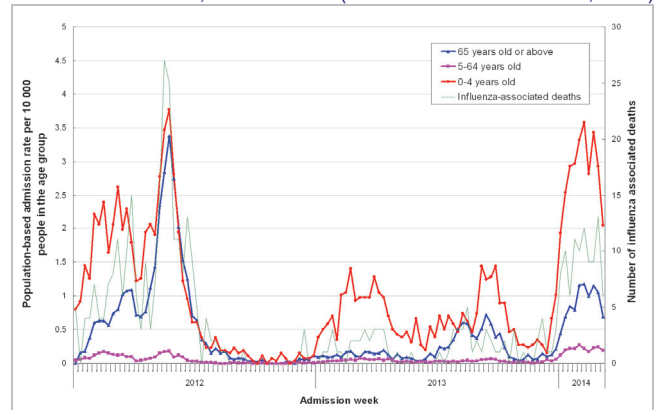


Figure 7 Influenza associated hospital admission rates and deaths, 2012-14

Fever surveillance at sentinel child care centres/ kindergartens, 2012-14

In week 10, 0.88% of children in the sentinel child care centres/ kindergartens (CCC/ KG) had fever (Figure 8).

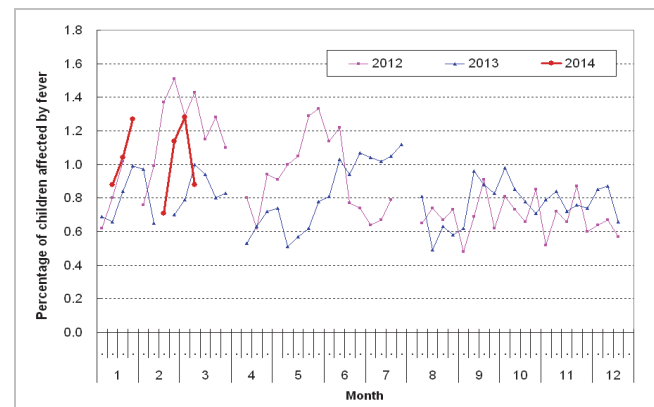


Figure 8 Percentage of children with fever at sentinel CCC/ KG, 2012-14

Fever surveillance at sentinel residential care homes for the elderly, 2012-14

In week 10, 0.11% of residents in the sentinel residential care homes for the elderly (RCHEs) had fever (Figure 9).

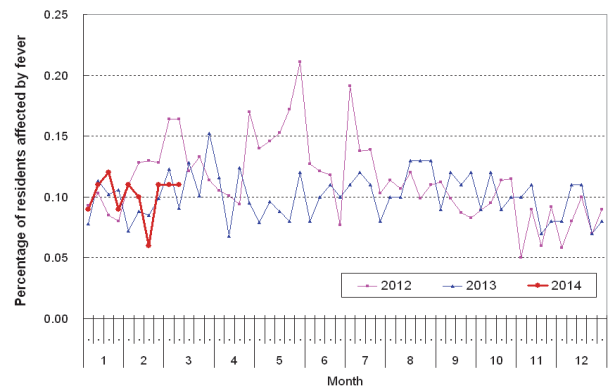


Figure 9 Percentage of residents with fever at sentinel RCHE, 2012-14

Influenza-like illness surveillance among sentinel Chinese medicine practitioners, 2012-14

In week 10, the average consultation rate for ILI among Chinese medicine practitioners (CMPs) was 2.87 ILI cases per 1,000 consultations (Figure 10).

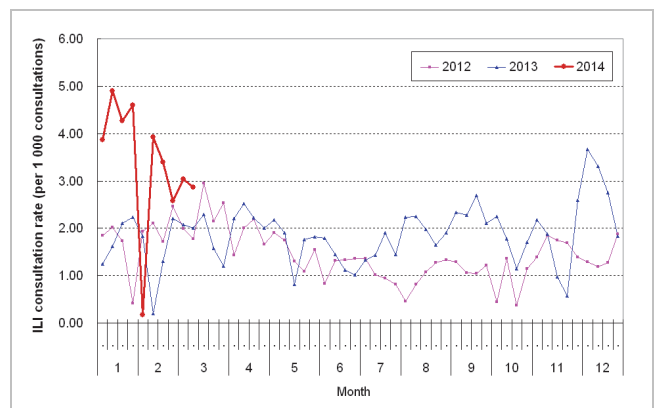


Figure 10 ILI consultation rate at sentinel CMP, 2012-14

Enhanced Surveillance for Severe Seasonal Influenza (Aged 18 years or above)

- From Mar 5, 2014, 12:00 noon, to Mar 12, 2014, 12:00 noon, 21 cases of influenza associated ICU admission/death were recorded, in which 10 of them were fatal. In addition, 5 previously reported cases who required ICU admission passed away during this reporting period.

Note: The data reported are provisional figures and subject to further revision.

Surveillance of severe paediatric influenza-associated complication/death (Aged above one month and below 18 years)

- In week 10, there were no new cases of severe paediatric influenza-associated complication/death. In the first 4 days of week 11 (Mar 9 to 12, 2014), one case of severe paediatric influenza-associated complication involving a 1-year-old girl who had developed pneumonia was reported. She is now in serious condition. Her tracheal aspirate specimen was tested positive for influenza B.

Note: The data reported are provisional figures and subject to further revision.

Surveillance of oseltamivir resistant influenza A(H1N1)pdm09 virus infection

- In week 10 and the first 4 days of week 11 (Mar 9 to 12, 2014), there were no new reports of oseltamivir (Tamiflu) resistant influenza A(H1N1)pdm09 virus infection. There are totally 46 reports of oseltamivir resistant influenza A(H1N1)pdm09 virus detected in Hong Kong since 2009.

Global Situation of Influenza Activity

- In the United States (week ending Mar 1, 2014), influenza activity continued to decrease.
- In Canada (week ending Mar 1, 2014), influenza activity continued to decrease.
- In the United Kingdom (week ending Mar 2, 2014), the weekly influenza consultations remained low in England, Wales, Scotland and Northern Ireland.
- In Europe (week ending Mar 2, 2014), ILI consultation rates continued to decline in most southern and western countries in the Region, with fewer countries in the rest of the Region reporting increasing activity than in the previous week.
- In Singapore (week ending Mar 8, 2014), the number of consultations for acute respiratory infections remained low.

Sources:

Information have been extracted from the following sources when updates are available: [United States Centers for Disease Control and Prevention](#), [Public Health Agency of Canada](#), [United Kingdom Health Protection Agency](#), [World Health Organization/Europe Euroflu](#) and [Singapore Ministry of Health](#).